

Fundies

A Daily Routine


B. Dettelback


Buzzing - hold in non dom. hand with only thumb and 4th finger, go slow.
(Choose 1 or 2 of these exercises to do per day)


1


Slow Lip Slurs


Play Normal (with as little effort as possible)

7  Lip Bend between partials
(do this on any lip slur that gives you trouble) Continue down chromatically

8  6 note groupings Continue to 7th pos.
(and into the valve if you dare)

9  Continue to 7th pos.

10  Continue to 7th pos.

11  (lower your slide for the 3rd / 6th Partial)

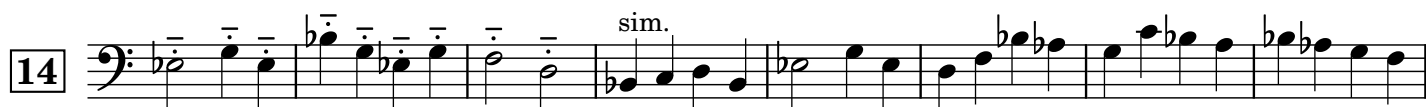
12  Continue to 7th pos.

Articulation - Think about the beginning and end of the note
Play all exercise on "hoo" before repeating on "doo"

♩ = 92

13  vary types of articulation/decay





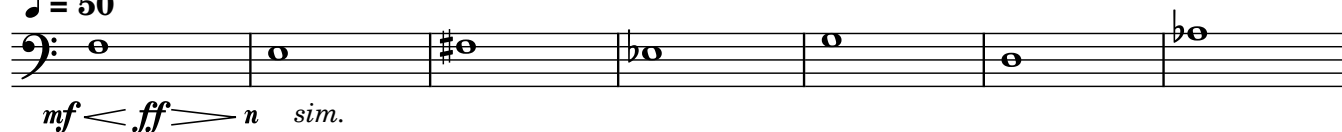
Always prioritize full tone on every note over speed.
Play a different scale/mode everyday.



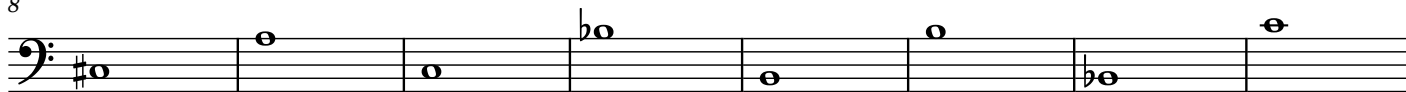
Hairpins - Start comfortable, get loud, go to nothing
Stay relaxed, focus on changing *airspeed* not volume.

$\text{♩} = 50$

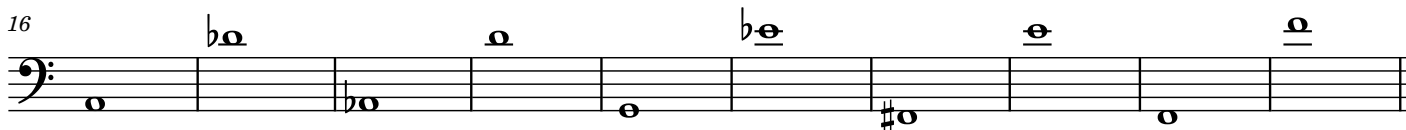
16



8



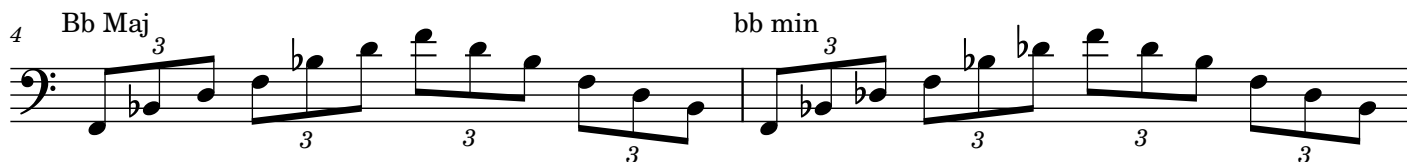
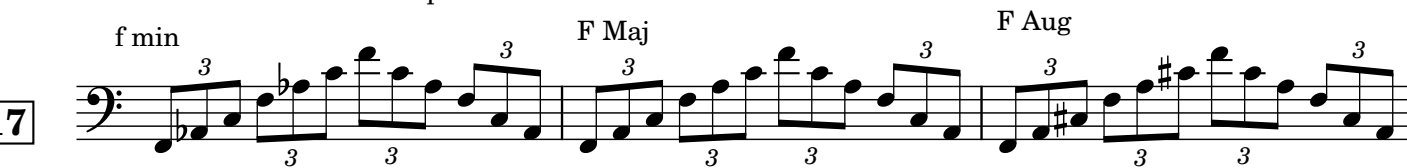
16



Keep going as far as you can!

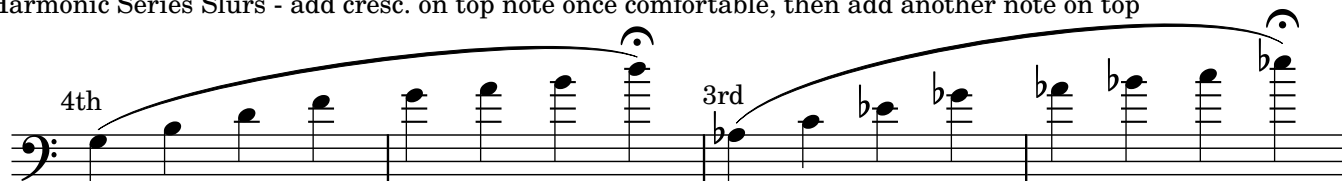
Range Building - tenuto, only breathe on barlines, use met and slowly increase tempo
Do different keys, add lower and upper octaves as appropriate
Add fermata to top notes once comfortable

17

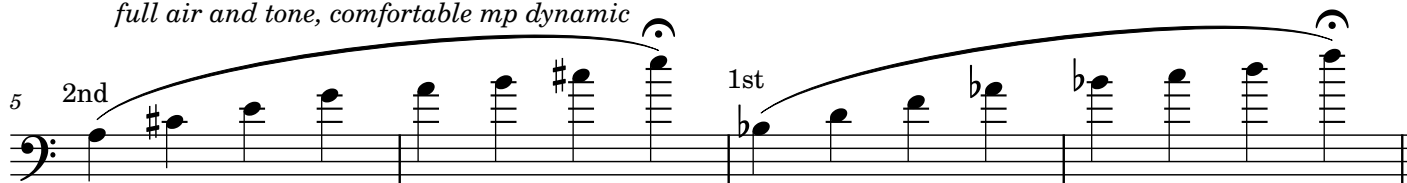


Soft Harmonic Series Slurs - add cresc. on top note once comfortable, then add another note on top

18



full air and tone, comfortable mp dynamic



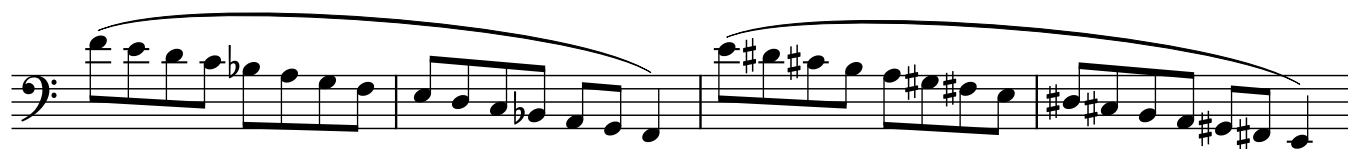
Imagine your air is a boulder that's been pushed down a hill

Start slow, then go faster.

Repeat each scale tongued

Slowly let jaw and oral cavity expand, don't let apperture change drastically, only as much as necessary.

19



5



9



13



Continue as low as you want